

IMPORTANT

- Keep Hydrogen peroxide bottles **refrigerated**.
- Always wear **protective** glasses and gloves.
- **Warm** bottle in hot water for 1-3 minutes prior to mixing (see instructions)
- Hydrogen peroxide must be **fresh** and from a reliable source for best results.

InSurgery Instructions:

1 Please read 'Whitening Notes & Tips' (inside fold out) before following these instructions:

Match your patient's pre-whitened tooth shade with your Vita® Shade Guide, arranged according to value (B1, A1, B2, D2, A2, C1, C2, D4, A3, D3, B3, A3-5, B4, C3, A4, C4).

2 Thoroughly pumice the teeth to eliminate surface stains and remove pellicle plaque layer. Do not use prophy gels or any substances containing fluoride or glycerin. For tetracycline or A3-5 or darker shades, apply a 1 second acid etch to the teeth.

3 Place cheek retractor in the patient's mouth and apply paint on dam to gingiva inter proximal and biting edge. Cover all soft tissue well (do not use rubber dam). Place cotton rolls under lips. Do not over cure otherwise patient experiences sensitivity.

4 Carefully pour some of the hydrogen peroxide (heat it in hot water for 1-3 minutes) into one jar of QuickWhite, slowly mix the hydrogen peroxide and keep adding until gel becomes mayonnaise consistency. Gloves and protective eyewear must be worn. Replace lid after each application.

5 Apply a 2-3mm thick layer of whitening gel over facial surfaces. If you are whitening both upper and lower teeth, place the gel on all teeth at this time. Keep the gel approximately 1mm away from the gingiva.

6 Leave the whitening gel on the teeth for 8-10 minutes, apply light/laser for enhanced results.

7 Suction the gel off the teeth and wipe off any remaining gel. Rinse the teeth surface between applications to minimise sensitivity.

8 Repeat steps 5-7 two more times if need be.

9 Upon completion of the whitening procedure, polish the teeth thoroughly with diamond paste polish.

10 Match the end results to your Vita® Shade Guide and share with patient.

11 Provide patient with Take-Home Kit especially for those who smoke and consume teeth-staining food or drink.

www.quickwhite.info - 01227 780009



Store in a cool place



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